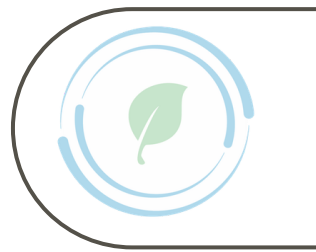




Weekly Reset Routine

ACTIONABLE STEPS
TO MAINTAIN ORDER,
CREATE
CALM,
AND
ENHANCE
YOUR WELL-BEING.





A CONSISTENT WEEKLY
ROUTINE ENSURES
YOUR HOME SUPPORTS
YOUR WELL-BEING.

**This checklist guides you
through a weekly reset to
refresh your spaces,
restore energy, and
maintain long-term order.**



Weekly Reset Routine

- Review each room and note areas that need attention.

- Clear out items that have accumulated over the week.

- Dust and wipe surfaces in high-traffic areas.

- Vacuum or sweep floors throughout the main living spaces.

- Check and replenish essential items (linens, toiletries, kitchen supplies).

- Rotate and care for decorative or natural elements (plants, flowers, textiles).

- Evaluate storage areas and reorganize small clutter hotspots.

- Plan priority tasks or projects for the upcoming week.

- Reflect on what worked well in maintaining order this week.



A WEEKLY RESET BUILDS
HABITS THAT LAST.



AT VIDA SERENA, WE SPECIALIZE
IN SPACE ORGANIZATION,
OFFERING IN-PERSON AND VIRTUAL
SERVICES TO TRANSFORM
YOUR HOME.

Contact: armoniza@envidaserena.com

Phone/WhatsApp:

+971-52-817-3394 / +507-6825-2715

www.envidaserena.com